



**Executive coaching is a partnership between you and your coach;
working together to achieve your specific goals.**

As an executive today, you have a myriad of responsibilities: achievement of strategic goals; people management; and day-to-day operational running of your team and the business.

Worklife's Executive Coaching support service connects you with a business-experienced, coaching-qualified executive who can help you fine-tune the approach to your career and current performance.

Worklife assists with overall skills development and with specific aspects of your career. Together with your executive coach, your goals are established at the very first appointment.

Engaging a coach can be challenging, confronting, and reflective as your coach questions your current attitude and approach to your work and career. Most of all, it is a rewarding experience with real, tangible strategies that you can implement ... providing visible results that you (and others) can see.

Who should attend

Executive coaching is suitable for any senior manager that could benefit from the development of specific management expertise and the personalised attention of an experienced, professional executive coach.

Worklife International

Level 22, 201 Miller Street
North Sydney, NSW 2060

Website: www.worklifeint.com

Email: info@worklifeint.com

Phone: 61 2 8968 9368

Fax: 61 2 8968 9313

All coaching leads to a change in behaviour for the coached executive. Successful coaching ensures that the 'change in behaviour' occurs, is positive, and is permanent.

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Outcomes

The executive coaching objective is to enhance your existing skills and many participants experience the following outcomes of this coaching partnership:

Improve Performance through:

- Sustained behaviour change;
- Accountability;
- Personal growth and development;
- Leadership growth.

Road-map of Development Needs:

- Leadership gaps;
- Personal needs and lifestyle wants;
- Identifying networks;
- Career paths.

Self-Awareness of:

- Leadership and management style;
- Individual interests and needs;
- Personality traits impacting others;
- Your desire to change.

You and your executive coach determine your specific short and long-term development goals and tailor a plan to meet your needs.

Facilitation

Worklife's Executive Coaching is a personalised service where you work one-to-one with your dedicated executive coach over a series of one-hour appointments.

Between sessions you will complete activities to develop and enhance you as an executive and strategic leader.

Duration

Coaching assignments are planned over a six month time-frame. This allows thorough investigation of your preferences and time to concentrate on:

- Highlighting areas for focus;
- Working through the coaching framework;
- Developing, implementing, and monitoring improvement plans; and
- Evaluating successes.

